

#### Michelle Kwan: Heart of a Champion

Vocabulary in Depth
Level 5
Theme 2

# Focus Words

- compete
- technique
- require
- patient impatient



#### compete verb

If you compete in a contest or a game, you take part in it.



These bike riders **compete** to determine the fastest rider.





These foosball players **compete** to determine the best team.



- There are many sports and games that you could compete in. Think of one that you would enjoy.
- Tell your partner what you would like to compete in.
- Begin by saying:I would like to compete in......





compete v competition n competed v competitor n competing v competitive adj

Tom loves to **compete** in races. In the past, he **competed** in marathons, running the 26 miles. After being injured in a skiing accident, he wanted to continue **competing** in marathons so he joined the wheelchair **competition**. Tom has proven to be a great **competitor**, winning a number of races. He is very **competitive**.

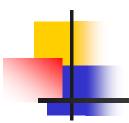




Technique is skill and ability in an artistic, sporting, or other practical activity that is developed through training and practice.







These children are learning how to meditate, to calm their minds. Once they learn the **technique** they will be able to meditate for hours.





This Olympian archer mastered many **techniques** including how to hold the bow, release the string, and aim at the target.



- This batik artist uses many special techniques as she creates. How might an artist acquire these techniques?
- Begin by saying:An artist might gain techniques by.....





#### technical adj

You use technical to describe the practical skills and methods used to do an activity such as an art, a craft, or a sport.



technique n technical adj technically adj

Michelle Kwan worked very hard to master the **techniques** of ice skating. Her jumps and landings require great **technical** skill. Ice skating judges have found Michelle to be **technically** superb.



#### Focus Words - Review

- 1. compete
- 2. technique
- 3. require
- 4. patient
  - a. If you need something, you \_\_\_\_\_ something.
  - b. If you are slow to lose your temper, you are\_\_\_\_\_.
  - c. To do a difficult athletic skill, you need to learn \_\_\_\_\_.
  - d. When you play a game and try to win, you \_\_\_\_\_.